

A large, dark bison statue stands in a snowy field. The sky is a vibrant orange and pink from the setting or rising sun. Bare trees are visible on the left, and a water tower is in the distance on the right. The overall scene is peaceful and scenic.

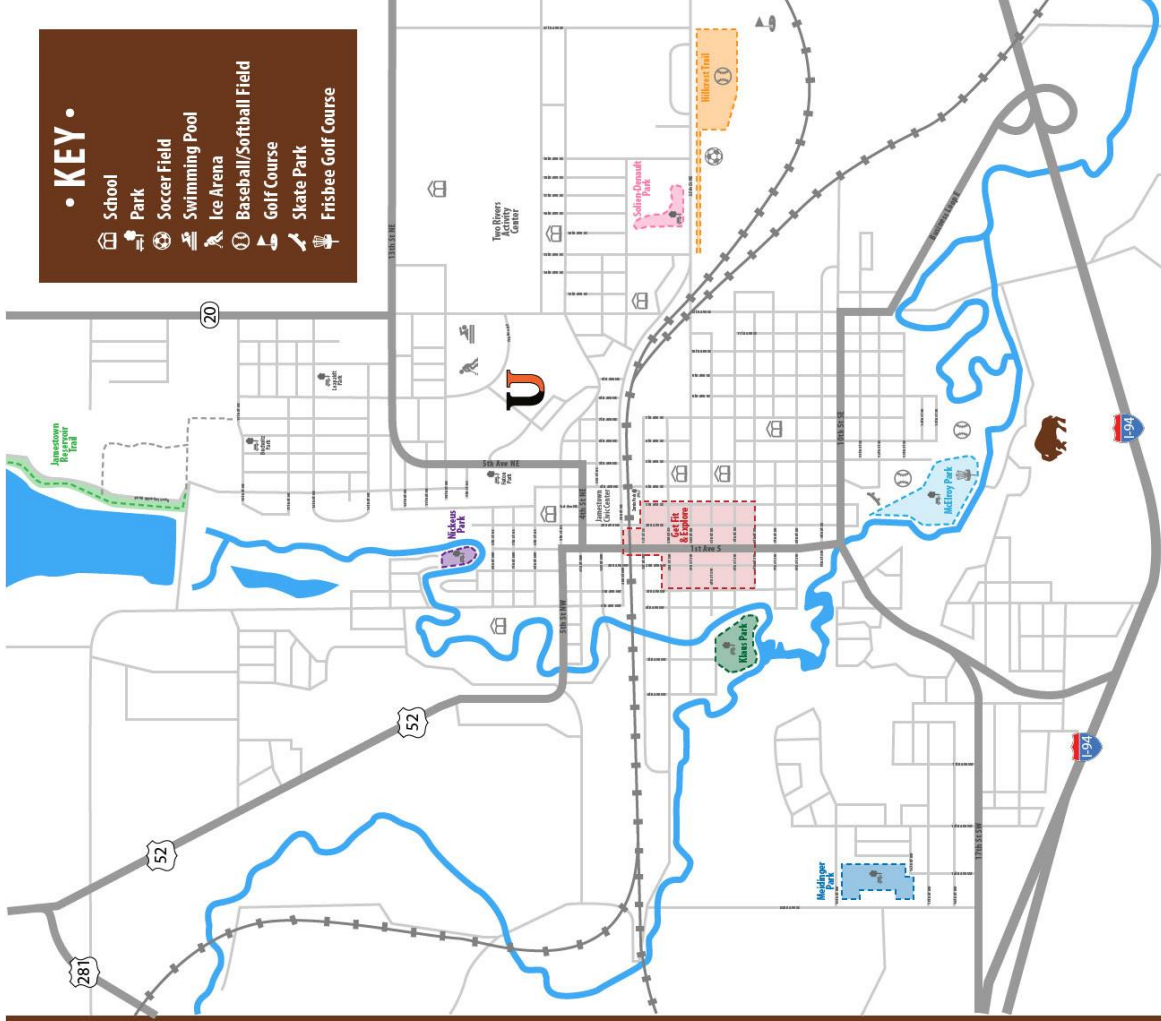
# Jamestown Area Health & Wellness Resource Guide

2020

# Jamestown Walking Trails

## • KEY •

-  School
-  Park
-  Soccer Field
-  Swimming Pool
-  Ice Arena
-  Baseball/Softball Field
-  Golf Course
-  Slate Park
-  Frisbee Golf Course



Text promoting walking and physical activity. Lorem ipsum dolor sit amet, consectetur adipiscing elit, sed do eiusmod tempor incididunt ut labore et dolore magna aliqua. Ut enim ad minim veniam, quis nostrud exercitation ullamco laboris nisi ut aliquip ex ea commodo consequat. Duis aute irure dolor in reprehenderit in voluptate velit esse cillum dolore eu fugiat nulla pariatur. Excepteur sint occaecat cupidatat non proident, sunt in culpa qui officia deserunt mollit anim id est laborum.

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## • AREA TRAILS •

1.50 Miles - Get Fit & Explore Downtown Route

1.75 Miles - Hillcrest Trail

1.30 Miles - Jamestown Reservoir Trail

0.60 Miles - Klaus Park Loop

0.90 Miles - McElroy Park Loop

0.75 Miles - Meidinger Park Loop

0.30 Miles - Nideus Park Loop

0.50 Miles - Solien-Denault Park Loop



COMMUNITY HEALTH  
PARTNERSHIP



Public Health  
Grand Forks Health District  
Grand Valley Health District

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## ABUSE & NEGLECT SERVICES

Name & Location	Contact Info.	Service Description
<b>Adult Protection Services</b> South Central Human Service Center 520 3 <sup>rd</sup> St. NW Jamestown, ND <a href="https://www.nd.gov/dhs/locations/regionalhsc/southcentral/index.html">https://www.nd.gov/dhs/locations/regionalhsc/southcentral/index.html</a>	701-253-6300	Connecting people with services in the fields of psychiatry, psychology, addiction counseling, social work, counseling, case management, nursing, and vocational rehabilitation.
<b>Safe Shelter</b> Jamestown, ND <a href="https://www.safeshelterjamestown.org">https://www.safeshelterjamestown.org</a>	Hotline: 701-251-2300 or 888-353-7233	Emergency shelter for domestic violence and sexual assault victims
<b>Stutsman County Social Services</b> 116 1 <sup>st</sup> St. E Jamestown, ND	Office: 701-952-6850	Child protection, family foster care, parent aide, family focused services, daycare licensing, etc.
<b>VAPS (Vulnerable Adult Protective Services)</b> <a href="https://www.nd.gov/dhs/services/adultsaging/vulnerable.html">https://www.nd.gov/dhs/services/adultsaging/vulnerable.html</a>	Report online or call toll-free 1-855-GO2LINK 1-855-462-5465	

## AGING SERVICES

Name & Location	Contact Info.	Service Description
<b>Alzheimer's Association</b> 112 1 <sup>st</sup> Ave. S, Suite 160 Jamestown, ND	Jamestown: 701-952-0800 24/7 Helpline: 800-272-3900	Providing support, education, training and other resources to increase knowledge and to support those facing Alzheimer's disease and other dementias
<b>James River Community &amp; Senior Center</b> 419 5th St NE Jamestown, ND <a href="https://jamesriverseniors.com/">https://jamesriverseniors.com/</a>	701-252-2882	Senior center and public transit
<b>Lutheran Social Services of North Dakota Aging Life Care</b> Legacy Center 419 5th Street NE Jamestown, ND 58401	701-271-3295	Jim Holben LMSW, CTRS, CPRP

<b>Qual Hearing Aid Service</b> 805A 10th St SE Jamestown, ND <a href="https://www.qualhearing.com/">https://www.qualhearing.com/</a>	701-320-3369	Hearing aid store Open: 9am - 4pm Mon-Thurs
<b>Sanford Health Hearing Center</b> 904 5th Ave NE Jamestown, ND	701-252-4100	Audiologist Open: 8am – 5pm Mon-Fri
<b>Senior Information Line (N.D. Department of Human</b> 1237 W. Divide Ave., Suite 6 Bismarck N.D. 58501 <a href="http://www.nd.gov/dhs/services/adultsaging">www.nd.gov/dhs/services/adultsaging</a>	Resource Link: 1.855.GO2LINK (855.462.5465)	

## ASSISTED LIVING / LONG TERM CARE

Name & Location	Contact Info.	Service Description
<b>Eventide Jamestown</b> 1300 2nd Place NE Jamestown, ND <a href="https://eventide.org/">https://eventide.org/</a>	701-252-5881	Short-term Rehabilitation, Skilled Nursing Care, Memory Care, Long-term Care
<b>Eventide at The Heights</b> 114 12th Avenue NE Jamestown, ND 58401	701-952-5800	Assisted Living/Independent apartment units.
<b>Rock of Ages Retirement Home</b> 1315 4th St NE Jamestown, ND <a href="http://www.rockofageshome.com/">http://www.rockofageshome.com/</a>	701-252-9292	Assisted living center providing 24/7 care.
<b>Roseadele</b> 1505 3rd St SE Jamestown, ND	701-251-1741	Secured assisted living facility providing care for individuals with Alzheimer's/dementia.
<b>Heritage Centre</b> 421 18th St NE Jamestown, ND <a href="http://heritageliving.org/">http://heritageliving.org/</a>	701-252-6404	Assisted living community.



<b>Edgewood</b> 1104 25th St SW Jamestown, ND	701-952-8750	Assisted Living/Memory Care
<b>Ave Maria Village</b> 501 19th St NE Jamestown, ND <a href="http://www.avemariavillage.org/">http://www.avemariavillage.org/</a>	701-252-5660	Short-term rehabilitation, traditional skilled nursing and long-term care.

<b>BEHAVIORAL HEALTH</b>		
<b>Name &amp; Location</b>	<b>Contact Info.</b>	<b>Service Description</b>
<b>COUNSELING</b>		
<b>Abound Counseling</b> Legacy Center 419 5th Street NE Jamestown, ND 58401	1-800-985-7942 309-645-9597	Services include individuals and families. Sliding fee scale. Tuesdays and Wednesdays
<b>Addiction &amp; Counseling Services</b> <b>Deb Peterson, LAC</b> <b>Martin Monek, LAC, LPCC</b> Jamestown, ND	701-252-5398	Services include individuals and families.
<b>Essentia Health Clinic</b> 2430 20th St SW Jamestown, ND	701-253-5300	Walk in clinic available 8am-5pm Mon-Fri.
<b>Hart Counseling Services</b> 300 2nd Ave NE Suite 214 Jamestown, ND <a href="https://www.hartcounseling.org/">https://www.hartcounseling.org/</a>	701-952-8277	Experienced behavioral health professionals.
<b>Healing Hearts</b> <b>Susan Simle, LICSW</b> Jamestown, ND 1 day per week	701-535-0616	Services include individuals and couples.
<b>Jamestown Counseling Center</b> <b>Jennifer Lipetzky, PhD, LPCC</b> 311 1 <sup>st</sup> Ave S Suite 10 Jamestown, ND 58401	701-952-7400	Services include individuals, families and couples.

<b>Jamestown VA Clinic</b> 2430 20th Street SW, Suite 8 Jamestown, ND	701-952-4787	Primary care and behavioral health services for veterans in the Open 8am-4:30pm Mon, and 8am-4pm Wed-Thurs.
<b>Jessie Fuher, MS, LPCC, LMFT</b> Jamestown, Carrington, Valley City	701-252-9838	Individuals over 12, couples, and family.
<b>Open Minds Psychiatric Service</b> 104 1st Ave S Jamestown, ND	701-952-9600	Evaluations and diagnosis for mental health issues.
<b>Prairie Counseling</b> <b>Kerry Wicks, LPCC</b> Jamestown, ND	701-252-8939	Services include individual, families, and couples.
<b>Sisson Counseling Services LLC</b> 300 2nd Ave NE, Ste 203 Jamestown, ND 58401 <a href="http://www.kellysisson.com">www.kellysisson.com</a>	701-595-5789	
<b>Sanford Health Jamestown</b> 300 2nd Ave NE Jamestown, ND <a href="http://www.sanfordhealth.org/">http://www.sanfordhealth.org/</a>	701-251-6000	
<b>South Central Human Service Center</b> 520 3 <sup>rd</sup> St. NW Jamestown, ND	701-253-6300	Walk-in Behavioral Health Assessments available Mon-Thurs: 9am-Noon.
<b>St. Thomas Counseling Center</b> 108 1st Ave S Suite 300 Jamestown, ND <a href="http://stthomascounseling.com/">http://stthomascounseling.com/</a>	701-952-7555	Mental health counseling and substance abuse treatment.
<b>Valley Christian Counseling Center</b> <b>Sarah Heller, LPC</b> 108 1 <sup>st</sup> Ave S Suite 100 Jamestown, ND 58401	701-232-6224	Christian counseling, individuals ages 15+ years old, couples, and EMDR.



<b>The Kid's Therapy Center</b> Valerie Meyer, LPCC Bismarck, ND	701-751-0384	Services include children under 6 years old and TF-CBT.
<b>TREATMENT / RECOVERY</b>		
<b>Heartview Foundation</b> 101 East Broadway Bismarck, ND 58503	701-222-0386	Alcohol and other drug treatment.
<b>North Dakota State Hospital</b> 1605 Circle Drive Jamestown, ND 58401-6905	701-253-3650	Inpatient treatment.
<b>Prairie St. John's</b> 510 4th Street South Fargo, ND 58103	701-476-7200	Psychiatric hospital facility offering services to address mental health issues, substance use, and addiction.
<b>Free Through Recovery</b> 2605 Circle Drive Jamestown, ND	701-253-3875	Recovery support services to individuals involved with the criminal justice system and other.
<b>SUBSTANCE USE EVALUATION &amp; TREATMENT</b>		
<b>Addiction &amp; Counseling Services</b> <b>Deb Peterson, LAC</b> <b>Martin Monek, LAC, LPCC</b> Jamestown, ND	701-252-5398	Evaluations, family, marital. Level 1, Level 2.1
<b>Advance in Recovery</b> Carrington, ND	701-645-1032	Evaluations. Level 0.5, Level 1, Level 2.1 Accept BCBS, Sanford, Medicaid
<b>Dockter – Evjen, Recover Choice, Counseling</b> 101 1 <sup>st</sup> Ave S, Suite 3 Jamestown, ND	701-320-7657	Cash only evaluations. Level 1 outpatient, Level 2 intensive, outpatient services.
<b>Kristie Spooner, LAC</b> Jamestown, ND	701-367-7532	Education course: 2 <sup>nd</sup> Chances, Better Choices, and MIP Class for minors

<b>Recovery Choice Counseling Dockter &amp; Evjen, LAC</b> 101 1 <sup>st</sup> Ave S Suite 3 Jamestown, ND 58401	701-320-7657	Cash only evaluations. Level 1, Level 2.1
<b>St. Thomas Counseling Center Geoff Hunt, LAC</b> 108 1 <sup>st</sup> Ave S. Suite 300 Jamestown, ND 58401	701-952-7555	<b>Evaluations, Level 1, Level 2.1 Accept BCBS, Sanford, Medicaid, voucher program</b>
<b>METHADONE / BUPRENORPHINE TREATMENT</b>		
<b>Heartview Foundation OTP</b> Bismarck, ND	701-222-0386	
<b>Community Medical Services</b> Fargo, ND	701-404-1100	
<b>Community Medical Services</b> Minot, ND	701-858-1801	
<b>Central Clinic</b> Carrington, ND	701-652-2651	

<b>CHILDCARE</b>		
Name & Location	Contact Info.	Service Description
<b>CENTERS</b>		
<b>Bright Beginnings Learning Center</b> 419 5th St. NE Jamestown, ND	701-952-6664	Childcare center and preschool serving children aged 1 month 2 weeks-12 years
<b>Building Blocks Child Development Center</b> 419 2nd Ave NW Jamestown, ND	701-252-2847	Childcare center and independent preschool serving children aged 0-7 years.
<b>ONTRAC Learning Center</b> 1501 5th St NE Jamestown, ND	701-952-8722	Preschool offering childcare services including a learning center, before/after school care. Hours are 6:30am-6pm Mon-Fri.

<b>St. John's Academy</b> 215 5th St SE Jamestown, ND	701-252-3397	Offers a full and part-time childcare service for potty-trained children aged 3+. Hours are 6:45am-6pm Mon-Fri
<b>Solid Foundations Growing Center</b> 115 3rd St SE Jamestown, ND	701-320-3865	Childcare center in Jamestown serving children aged 1 month 2 weeks-12 years
<b>The Learning Circle</b> 1920 9th Ave SW Jamestown, ND	701-952-2227	Childcare center, preschool and before/after school care serving children of all ages.

### **FAMILY, GROUP, SELF-DECLARED**

To view an updated list of family, group and self-declared daycares, visit:

<https://ndchildcare.org/parents/find-child-care/>

## **CRISIS LINES**

<b>Name &amp; Location</b>	<b>Contact Info.</b>	<b>Service Description</b>
<b>Crisis Text Line</b> <a href="https://www.crisistextline.org/">https://www.crisistextline.org/</a>	741741	Free, anonymous 24/7 support from a trained crisis counselor. Text "HOME" to 741741 to be connected.
<b>IMAlive Crisis Chatine</b>	<a href="http://www.imalive.org">www.imalive.org</a>	Non-profit, worldwide 24/7, anonymous chatline to help anyone in crisis via instant messaging.
<b>211 ND &amp; FirstLink</b>	Dial 211 701-293-6462 Toll Free: 1-888-293-6462	Callers in ND and Clay County, MN will be provided with confidential listening and support in addition to information and referral by call specialists trained in crisis intervention, including suicide intervention.
<b>National Suicide Prevention Lifeline</b> <a href="https://suicidepreventionlifeline.org">https://suicidepreventionlifeline.org</a>	ENG: 1-800-273-8255 ESP:	Free, confidential 24/7 support for people in distress. Call to be connected with a trained

	1-888-628-9454 Deaf/Hard of Hearing: 1-800-799-4889	professional at a crisis center near you. Options for Spanish speaking or deaf/hard of hearing individuals are available.
<b>Veteran's Crisis Line</b> <a href="https://www.veteranscrisisline.net/">https://www.veteranscrisisline.net/</a> <b>Online chat:</b> <a href="https://www.veteranscrisisline.net/get-help/chat/">https://www.veteranscrisisline.net/get-help/chat/</a>	Call: 1-800-273-8255 Press 1 Text: 838255 Deaf/Hard of Hearing: 1-800-799-4889	Free, anonymous 24-hour hotline that provides phone, webchat, and text options available to military veterans and their families. Options for deaf/hard of hearing individuals are available.
<b>The Trans Lifeline</b> <a href="https://www.translifeline.org/">https://www.translifeline.org/</a>	1-877-565-8860	Non-profit organization created by/for the transgender community, providing crisis intervention hotlines staffed by transgender individuals.
<b>The Trevor Project</b> <a href="http://www.thetrevorproject.org/">http://www.thetrevorproject.org/</a> <b>Webchat:</b> <a href="https://www.thetrevorproject.org/get-help-now/">https://www.thetrevorproject.org/get-help-now/</a>	Hotline: 1-866-488-7386 Text: 1-202-304-1200	Nationwide organization that provides a 24-hour phone hotline, as well as limited-hour webchat and text options, for lesbian, gay, bisexual, transgender and questioning youth.

## DISABILITY SERVICES

Name & Location	Contact Info.	Service Description
<b>Anne Carlsen Center</b> 701 3rd St NW Jamestown, ND <a href="https://annecarlsen.org/">https://annecarlsen.org/</a>	800-568-5175	Providing individuals with development disabilities and delays with services.
<b>Community Action</b> 1417 12 <sup>th</sup> Ave NE Jamestown, ND <a href="http://www.cap6.com/">http://www.cap6.com/</a>	701-252-1821	Non-profit organization providing services to low income, disabled, and elderly households.

<b>Community Options Inc.</b> 420 20 <sup>th</sup> St SW Jamestown, ND	701-952-0220	Help people live and work in the community.
<b>Easter Seals</b> 402 14th Ave NE Jamestown, ND <a href="https://www.esgwnd.org/">https://www.esgwnd.org/</a>	701-251-1446	Help children, adults, and families to have equal opportunities to live in their communities.
<b>Freedom Resource Center</b> 300 2nd Ave NE #226 Jamestown, ND 58401 <a href="https://www.freedomrc.org/">https://www.freedomrc.org/</a>	701-252-4693	Provides services to increase independence for people with disabilities.
<b>Jamestown River Senior Center</b> 419 5th St NE Jamestown, ND	701-252-2882	Loan closet – loan out walkers, wheel chairs, canes, toilet risers, meals at central daily outreach worker, groups, transit.
<b>Journey Behavioral Solutions, LLC</b> 429 2 <sup>nd</sup> St NE Suite 205 Jamestown, ND	701-320-0253	Assist individuals with developmental disabilities. Autism services.
<b>Protection and Advocacy</b> Jamestown, ND	701-752-3295	Advocate for the rights of people with disabilities.
<b>Social Security Administration</b> 300 2nd Ave NE Jamestown, ND	1-855-848-7938 Toll Free: 1-800-772-1213	Determines eligibility and makes payments to those who are deemed eligible.
<b>Triumph Incorporated</b> 214 6th Ave NE Jamestown, ND <a href="https://www.triumphnd.com/">https://www.triumphnd.com/</a>	701-320-8304	Services include career development, residential habilitation, and day habilitation for individuals with disabilities.

## EDUCATION

Name & Location	Contact Info.	Service Description
<b>PRESCHOOL</b>		
Building Blocks Child Development Center	701-252-2847	

Child in Our Hands Preschool	701-252-1903	
Head Start Jamestown	701-251-2874	
ONTRAC Learning Center	701-952-8722	
St. John's Academy	701-252-3397	
The Learning Circle	701-952-2227	
Victory Lutheran School	701-251-1570	
William S. Gussner Elementary	701-252-3846	
<b>ELEMENTARY</b>		
Hillcrest Seventh-day Adventist School 116 15th Ave NE Jamestown, ND	701-252-5409	Christian school associated with the Seventh-day Adventist Church for grades 1-8.
Lincoln Elementary School 319 5th St NE Jamestown, ND	701-252-0867 Fax: 701-952-0868	Public elementary school for grades K-5
Louis L'Amour Elementary 1102 15th St SW Jamestown, ND	701-251-2102 Fax: 701-952-2734	Public elementary school for grades K-5
Roosevelt Elementary 615 6th Avenue SE Jamestown, ND	701-252-1679 Fax: 701-952-2395	Public elementary school for grades K-5
St. John's Academy 215 5th St SE Jamestown, ND	701-252-3397	Catholic school serving children pre-k through grade 6 also offering childcare services. .
Victory Christian School 510 9th Ave SW Jamestown, ND	701-251-1570	Lutheran elementary school service K-5 <sup>th</sup>

Washington Elementary 705 4th Avenue NW Jamestown, ND	701-252-0468 Fax: 701-952-0469	Public elementary school for grades K-5
William S. Gussner Elementary 1509 4th St NE Jamestown, ND	701-252-3846 Fax: 701-952-3845	Public school for preschool and grades K-5
<b>MIDDLE SCHOOL</b>		
Jamestown Middle School 203 2nd Ave SE Jamestown, ND	701-252-0317 <b>Fax:</b> 701-252-3310	Public middle school for grades 6-8.
<b>HIGH SCHOOL</b>		
Jamestown High School 1509 10th St NE Jamestown, ND	701-952-4003 Fax: 701-252-8580	Public high school for grades 9-12.
Jamestown North Alternative High School 1312 10th St NE Jamestown, ND	701-251-1891	Alternative high school for students that have withdrawn from high school.
James Valley Career/Tech Center 910 12th Ave NE Jamestown, ND	701-252-8841	
<b>HIGHER EDUCATION</b>		
University of Jamestown 6000 College Ln Jamestown, ND 58405	701-252-3467	
<b>OTHER RESOURCES</b>		
<b>Libraries</b>		
Alfred Dickey Public Library 105 3rd St SE Jamestown, ND	701-252-2990	Public library open 10am-8pm Mon-Thurs, 10am-6pm Fri and 11am-4pm Sat
Ragust Library University of Jamestown 6070 College Ln	701-252-3467	University of Jamestown's school library, open to the public.



Stutsman County Library 910 5th St SE Jamestown, ND	701-252-1531	Public library open 10am-5pm Mon and 9am-5pm Tues-Fri
<b>History</b>		
1883 Stutsman County Courthouse 504 3rd Ave SE #4211 Jamestown, ND	701-252-1170	Open May 25-September 2; Wed-Sun, 10am-5pm
Stutsman County Memorial Museum 321 3rd Ave SE Jamestown, ND	701-252-6741	Museum located in historic Lutz Mansion. Open 10am-5pm Mon-Fri and 1pm-5pm Sat-Sun
<b>Other</b>		
Historic Franklin School 308 2nd St SW Jamestown, ND	701-252-5281	
Jamestown Fine Arts Association The Arts Center 115 2nd St SW Jamestown, ND	701-251-2496	Fine arts center offering a variety of classes.
Two Rivers Performing Arts School 116 1st Ave S Jamestown, ND	701-952-3630	Classes in various areas including music theory and composition. Open 3:30pm-7:30pm Mon-Fri.

<b>EMERGENCY SERVICES</b>		
Name & Location	Contact Info.	Service Description
<b>Highway Patrol</b> 205 6th St SE Jamestown, ND	701-328-1081	
<b>Jamestown Area Ambulance</b> 502 1st Ave S Jamestown, ND	701-251-2273	Emergency medical services and transport.
<b>Jamestown Fire Department</b> 209 2nd Ave NW Jamestown, ND	701-252-1441	City fire department.

<b>Jamestown Regional Medical Center</b> 2422 20th St SW Jamestown, ND	701-952-1050	Emergency room in local hospital.
<b>North Dakota Poison Control Center</b> <a href="https://ndpoison.org/">https://ndpoison.org/</a>	1-800-222-1222	Available 24/7
<b>Stutsman County Emergency Management</b> 205 6th St SE Jamestown, ND	701-252-9093	Local 911 dispatch office.
<b>Stutsman County Sherriff's Office</b> 205 6th St SE Jamestown, ND	701-252-9000	County Sherriff's office.

## FOOD RESOURCES

Name & Location	Contact Info.	Service Description
<b>ASSISTANCE PROGRAMS</b>		
<b>Community Action Food Pantry</b> 1108 5th Ave NE Jamestown, ND	701-252-1821	Available to anyone in need of assistance.
<b>James House</b> 715 3rd Ave SE Jamestown, ND	701-252-5215	Freezer food only for James House residents, however, they will not turn you away.
<b>Jamestown River Senior Center</b> 419 5th St NE Jamestown, ND	701-252-2882	Meals on Wheels.
<b>Progress Community Center</b> 428 2nd St SW Jamestown, ND	701-251-2964	Privately owned community recreation center. Lunch is served at 11:30am Mon-Thurs.

<b>Salvation Army Great Plains Food Bank</b> 320 1st Ave N Jamestown, ND	701-252-0290 701-252-0390	Provides a food box according to the household size. Must be Stutsman County residents. Mon-Wed: 9am-12pm, 2pm-4pm Thurs: 2pm-4pm
<b>WIC</b> Central Valley Health District 122 2nd St NW Jamestown, ND	701-252-8130	For pregnant and breastfeeding women, infants, and children younger than 5.
<b>THE DAILY BREAD - JAMESTOWN LOCATIONS</b> All food is free with no registration requirements.		
<b>First United Methodist Church</b> 115 3rd St SE Jamestown, ND	701-952-2718	Freezer. Open: 9am–5pm Mon-Thurs.
<b>Gardenette</b> 1321 Gardenette Dr Jamestown, ND	701-251-2516	Refrigerator and freezer. Open: 8am-5pm Mon-Fri.
<b>Jamestown River Senior Center</b> 419 5th St NE Jamestown, ND	701-252-2882	Refrigerator and freezer. Open Until around 4pm.
<b>Jamestown Public Schools</b>		Freezer. Open 7-7:30am and 3:30pm during the school year.
<b>St. John’s Academy</b> 215 5th St SE Jamestown, ND	701-252-3397	Supplier. Not a pickup location.
<b>St. John’s Lutheran Church</b> 424 1st Ave S Jamestown, ND	701-252-1198	Refrigerator and freezer.

<b>HEALTH &amp; WELLNESS</b>		
Name & Location	Contact Info.	Service Description
<b>FITNESS</b>		
<b>Anytime Fitness</b> Buffalo Mall	701-252-4142	

Apex Physical Therapy and Wellness Center 1008 10th St SE Jamestown, ND <a href="https://apexptwellness.com/">https://apexptwellness.com/</a>	701-952-2739	
<b>I Will Fitness and Training</b> 716 1 <sup>st</sup> Ave S Jamestown, ND <a href="https://iwillfitness.com/">https://iwillfitness.com/</a>	701-952-5530	
<b>Jamestown Parks and Recreation</b> 1002 2 <sup>nd</sup> Ave SE Jamestown, ND <a href="https://jamestownparksandrec.com/">https://jamestownparksandrec.com/</a>	701-252-3982	
<b>New Age Fitness</b> 607 13 <sup>th</sup> St NE #2 Jamestown, ND	701-952-7700	
<b>Two Rivers Activity Center</b> 1501 5 <sup>th</sup> Se NE Jamestown, ND <a href="https://tracjamestown.com/">https://tracjamestown.com/</a>		
<b>MASSAGE THERAPY</b>		
<b>Advanced Therapeutic Massage</b> Scott McNeal	701-252-2424	
<b>Body &amp; Mind Therapeutic Massage</b> 104 1 <sup>st</sup> Ave S #100 Jamestown, ND	701-252-4698	
<b>Body Rhythms Massage</b> 102 ½ 1 <sup>st</sup> Ave S #5 Jamestown, ND	701-952-2629	
<b>Enlightened Massage &amp; Bodyworks LLC</b> 613 10 <sup>th</sup> St SE Jamestown, ND	701-541-0641	

<b>Rejuvenated Massage</b> 300 2 <sup>nd</sup> Ave NE #215 Jamestown, ND	701-320-8498 701-320-8609	
<b>Therapeutic Massage Works</b> 1209 5 <sup>th</sup> Ave SE Jamestown, ND	701-952-2629	
<b>SALON</b>		
<b>Face to Face for Wellness</b> 607 13 <sup>th</sup> St NE #1 Jamestown, ND	701-251-1618	
<b>Etc Salon</b> 920 10 <sup>th</sup> St SE Jamestown, ND	701-252-1429	
<b>First Impressions</b> 823 11 <sup>th</sup> Ave SE Jamestown, ND	701-252-7785	
<b>Hair Dynamics</b> 702 15 <sup>th</sup> St SW Jamestown, ND	701-251-1937	
<b>House of Hair</b> 615 1 <sup>st</sup> Ave S Jamestown, ND	701-952-1400	
<b>Jasmeria For Hair</b> 410 10 <sup>th</sup> St SE Jamestown, ND	701-252-0060	
<b>Judy's Hair Fashions</b> 422 2 <sup>nd</sup> Ave NW Jamestown, ND	701-252-4580	
<b>Layered</b> 613 10 <sup>th</sup> St SE Jamestown, ND	701-952-2831	

<b>Northern Roots Hair Salon</b> 206 1 <sup>st</sup> Ave S Suite 170 Jamestown, ND	701-952-7668	
<b>Salon89</b> 714 1 <sup>st</sup> Ave S Jamestown, ND	701-952-8989	
<b>Suite 140 Salon &amp; Spa</b> 300 2nd Ave NE, Suite 140 Jamestown, ND	701-269-8786	
<b>The Full Monte</b> 702 15 <sup>th</sup> St SW Jamestown, ND	701-252-1599	
<b>Vivacious Salon</b> 2400 8 <sup>th</sup> Ave NW Jamestown, ND	701-952-1400	
<b>OTHER</b>		
<b>Body Balance With Deb</b> 300 2 <sup>nd</sup> Ave NE Suite 208A Jamestown, ND	701-391-2173	Holistic medicine practitioner.
<b>Cornerstone Nutrition</b> 107 10 <sup>th</sup> St SE Jamestown, ND		Herbalife shake shop.
<b>Skintastic Lazer, LLC</b> 300 2 <sup>nd</sup> Ave NE #140 Jamestown, ND	701-952-1400	Laser and skin center.

## HOUSING

Name & Location	Contact Info.	Service Description
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### AREA HOMELESS SHELTERS

#### FARGO/MOORHEAD

<b>Churches United for the Homeless</b> 1901 1st Ave. N Moorhead, MN 56560	218-236-0372	Takes families, singles, and violent crimes. No Sex offenders. Open 8am–7pm daily.
<b>Dorothy Day House Churches United</b> 714 8th St S Moorhead, MN 56560	218-233-5763	Takes people who are homeless and hungry. Takes in sex offenders. Open 24/7.
<b>Gladys Ray Shelter</b> 1519 1st Ave S Fargo, ND 58103	701-364-0116	Takes people who cannot access other shelter options in the community. No violent crimes/sex offenders are taken for only 2days. Open 6pm–8am.
<b>YouthWorks</b> 317 S University Dr Fargo, ND 58103	701-232 -8558	Helps homeless, runaway, trafficked and struggling youth. Hours: 8:30am–5pm Mon-Fri
<b>BISMARCK</b>		
<b>United Way Homeless Shelter</b> 515 N 4th St Bismarck, ND 58501	701-255-3601	Emergency shelter to offer a warm and safe place, meals, basic necessities, and linkages to services. First come, first serve. Open 8pm–9pm daily.
<b>Welcome House INC. For Mother with Family</b> 1902 E Thayer Ave Bismarck, ND 58501	701-751-0142	Provides short-term shelter, help in obtaining permanent housing and a variety of supportive services. All are welcome.
<b>HOUSING ASSISTANCE</b>		
<b>Great Plains Housing Authority</b> 300 2nd Ave NE #200 Jamestown, ND 58401	701-252-1098	Application: <a href="https://greatplainsha.com/wp-content/uploads/2018/02/voucher-app.pdf">https://greatplainsha.com/wp-content/uploads/2018/02/voucher-app.pdf</a>
<b>High Plains Fair Housing</b> 406 Demers Avenue Grand Forks, ND 58201 <a href="https://www.highplainsfhc.org/">https://www.highplainsfhc.org/</a>	701-203-1077 1-866-380-2738	North Dakota housing advocacy



## INCOME-BASED RENTAL COMPANIES

<b>Posthouse Apartments</b> 222 1 <sup>st</sup> Ave. S Jamestown, ND 58401	701-252-5215	Application: <a href="https://www.metroplains.com/find-a-home/northdakota/jamestown/posthouse.html">https://www.metroplains.com/find-a-home/northdakota/jamestown/posthouse.html</a>
<b>James House</b> 715 3rd Ave. SE Jamestown, ND 58401	701-252-5215	
<b>Jamestown Village Apartments</b> 1214 6th Ave. NE Jamestown, ND 58401	701-845-1601	Application: <a href="http://www.valleyrental.net/apartments/jamestown/jamestown-village/">http://www.valleyrental.net/apartments/jamestown/jamestown-village/</a>
<b>The Dewey Apartments</b> 1215 8th Ave. NE Jamestown, ND	800-466-7722	Application: <a href="http://www.accessiblespace.org/dewey-apartments">http://www.accessiblespace.org/dewey-apartments</a>

## RECOVERY HOUSING

<b>F5 Project</b> <a href="http://www.f5project.org/">www.f5project.org/</a>	701-210-2491	Safe and affordable housing, employment, healthy socialization and transportation for former offenders.
<b>Hope Manor</b> <a href="http://hopemanornd.org/">hopemanornd.org/</a>	701-751-4005	Recovery and sober living homes.
<b>Share House</b> 505 40th Street South, Suite B Fargo, ND	701-282-6561	Substance use treatment center. Walk-in on Tuesdays 8am – 2pm.

## RENTAL COMPANIES

<b>Better Homes Property Management LLC</b> 306 2nd Ave SW Jamestown, ND	701-252-8880	Application: <a href="http://www.betterhomesjamestownnd.com/contact.html">http://www.betterhomesjamestownnd.com/contact.html</a>
<b>Country Village Apartments</b> 610 11th St NE Jamestown, ND	701-252-2799	Application: <a href="https://countryvillageapartmentsnet.files.wordpress.com/2016/11/cva-application-3-pages-in-1-document.pdf">https://countryvillageapartmentsnet.files.wordpress.com/2016/11/cva-application-3-pages-in-1-document.pdf</a>
<b>Deer Ridge Apartments</b> 800 12th Ave NE Jamestown, ND	701-248-6294	Application: <a href="https://www.iretapartments.com/North-Dakota/Jamestown/Deer-Ridge-Apartments">https://www.iretapartments.com/North-Dakota/Jamestown/Deer-Ridge-Apartments</a>

<b>Gardenette</b> 1321 Gardenette Dr. Jamestown, ND	701-251-2516	
<b>Hilltop Villa Apartments</b> 911 14th St NE Jamestown, ND	701-252-5215	Application: <a href="https://www.lowincomehousing.us/det/hilltop-villa">https://www.lowincomehousing.us/det/hilltop-villa</a>
<b>Hometown Property Management</b> 209 10th St SE Jamestown, ND	701-252-6264	Application: <a href="http://www.hpmnd.com/index.php/available-units-php">http://www.hpmnd.com/index.php/available-units-php</a>
<b>IRET</b> 615 10th St NE #100 Jamestown, ND	701-251-1700	
<b>Park Apartments</b> 501 17th St SW Jamestown, ND	701-252-4971	Application: <a href="https://www.apartmentratings.com/nd/jamestown/parkapartments_701252497158401/">https://www.apartmentratings.com/nd/jamestown/parkapartments_701252497158401/</a>
<b>Premium Property Management</b> 1002 3rd Ave SE, Suite B Jamestown, ND	701-320-5151	Application: <a href="http://premiumpropertynd.com/wp-content/uploads/2015/02/Rental-Application.pdf">http://premiumpropertynd.com/wp-content/uploads/2015/02/Rental-Application.pdf</a>
<b>The Meadows Apartments</b> 615 10th St NE Jamestown, ND	701-214-6112	Application: <a href="https://www.iretapartments.com/North-Dakota/Jamestown/The-Meadows-Apartments">https://www.iretapartments.com/North-Dakota/Jamestown/The-Meadows-Apartments</a>
<b>Welcome Home Properties LLC</b> 429 2nd St SW #201 Jamestown, ND	701-269-4355	Application: <a href="http://www.welcomehomepropertiesnd.com/application/">http://www.welcomehomepropertiesnd.com/application/</a>
<b>Age 55+ RENTAL COMPANIES</b>		
<b>Jamestown Court Rowhomes</b> 401 3rd St SE Jamestown, ND	701-252-5215	Application: <a href="https://www.metroplains.com/find-a-home/north-dakota/jamestown/jamestown-court-rowhomes.html">https://www.metroplains.com/find-a-home/north-dakota/jamestown/jamestown-court-rowhomes.html</a>
<b>Lutheran Social Services Legacy Living Center</b> 419 5th St NE Jamestown, ND	701-251-0005	Market Rate Apartments, Accepts Rental Assistance, HUD Apartment for individuals 62 and older

## The Hills Apartments

<b>Garden Hills</b> 1321 5th St NE Jamestown, ND	701-952-4455	55+, Income restricted
<b>Prairie Hills</b> 221 5th St NE Jamestown, ND		Assisted and independent living
<b>Dakotah Hills</b> 1317 5th St NE Jamestown, ND <a href="https://www.gardenhillsapartments.com/">https://www.gardenhillsapartments.com/</a>		Independent living, income restricted

## JOBS & EMPLOYMENT

Name & Location	Contact Info.	Service Description
<b>Jamestown Workforce Center</b> 1307 12 <sup>th</sup> Ave NE Suite 3 Jamestown, ND	701-253-6200	M-F 8am-5pm.
<b>Job Service of ND</b> 1350 32nd St S, Fargo, ND 58103 <a href="http://www.jobsnd.com">www.jobsnd.com</a>	701-239-7300	

## LEGAL SERVICES

Name & Location	Contact Info.	Service Description
<b>Legal Services of North Dakota</b>	<60: 1-800-634-5263 >60: 1-800-621-9886	

## MEDICAL & CLINICAL CARE

Name & Location	Contact Info.	Service Description
<b>CHIROPRACTORS</b>		

<b>Absolute Chiropractic</b> 623 10 <sup>th</sup> St SE Jamestown, ND	701-252-6509	
<b>Chiropractic Arts Clinic</b> 312 2 <sup>nd</sup> Ave SW Jamestown, ND	701-252-2424	
<b>Hochhalter Chiropractic PC</b> 118 2 <sup>nd</sup> St NW Jamestown, ND	701-952-2225	
<b>Medallus Medcial</b> 721A 1 <sup>st</sup> Ave S Jamestown, ND	701-401-8496	
<b>Qual Chiropractic</b> 805 10 <sup>th</sup> St SE Jamestown, ND	701-252-4700	
<b>Sanford Chiropractic</b> 904 5 <sup>th</sup> Ave NE #4104 Jamestown, ND	701-251-1550	
<b>Siefken Chiropractic Office</b> 701 1 <sup>st</sup> Ave S Jamestown, ND	701-252-0569	
<b>CLINICS</b>		
<b>Central Valley Health District</b> 122 2 <sup>nd</sup> St NW Jamestown, ND <a href="https://centralvalleyhealth.org">https://centralvalleyhealth.org</a>	701-252-8130	Public health department. M, Tu, Th, F 8am – 4:30pm Wed 8:30am – 4:30pm
<b>Family Planning Program</b> Jamestown, Valley City, Carrington	701-252-8130	HIV and STD testing. Sliding fee scale.
<b>Women's Way</b> 122 2 <sup>nd</sup> St NW Jamestown, ND	701-252-8130	Breast and cervical cancer screening and financial assistance.

<b>Essentia Health Clinic</b> 2430 20 <sup>th</sup> St SW Jamestown, ND	701-253-5300	M-F 8am – 5pm. Walk-in care available.
<b>Jamestown Regional Medical Center</b> 2422 20 <sup>th</sup> St SW Jamestown, ND <a href="https://jrmcnd.com">https://jrmcnd.com</a>	701-952-1050	
<b>Medallus Medical</b> 721A 1 <sup>st</sup> Ave S Jamestown, ND	701-401-8496	M – Sat 8am – 6pm Sun 9am – 5pm Urgent Care
<b>Sanford Health – Specialty Clinic</b> 904 5 <sup>th</sup> Ave NE Jamestown, ND	701-251-6000	Specialty health services. Call or schedule appointment online.  Location of UJ clinic open M-Th 11am – 4:15pm while school is in session.
<b>DENTISTS / ORTHODONTISTS</b>		
<b>Braun Dental</b> 116 2 <sup>nd</sup> St NW Jamestown, ND	701 252-0690	M – Th 8am – 4pm F 8am – 12pm
<b>Downtown Dental</b> 815 1 <sup>st</sup> Ave S Jamestown, ND	701-251-2240	M – Th 8am – 5pm F 8am – 3pm
<b>Jamestown Dental Laboratory</b> 1209 5 <sup>th</sup> Ave SE Jamestown, ND	701-252-6005	M – Th 8am – 5pm F 8am – 12pm
<b>Orn Family Dentistry</b> 916 5 <sup>th</sup> Ave NE Jamestown, ND	701-252-6752	M - Th 7:30am – 5:30pm F 8am – 1pm
<b>Miller Dental Jamestown</b> 302 2 <sup>nd</sup> Ave SW Jamestown, ND	701-252-1661	M – F 8am – 5pm

<b>The Dental Specialist of Jamestown</b> 920 10 <sup>th</sup> St SE Jamestown, ND	701-252-1212	Orthodontics
<b>AUDIOLOGY/HEARING SERVICES</b>		
<b>Beltone Hearing Aid Center</b> 1209 6 <sup>th</sup> Ave S Jamestown, ND	701-251-1106	
<b>Jamestown Regional Medical Center</b> 2422 20 <sup>th</sup> St SW Jamestown, ND <a href="https://jrmcnd.com">https://jrmcnd.com</a>	701-952-1050	
<b>North Dakota School for the Deaf-Resource Center for Deaf &amp; Hard of Hearing</b> 1401 College Drive N. Devils Lake, ND 58301	701-665-4401	Statewide Services- Providing support, education, training and other resources to individuals who are Deaf or Hard of Hearing
<b>Qual Hearing Aid Service</b> 805A 10 <sup>th</sup> St S Jamestown, ND	701-320-3369	
<b>Sanford Health Hearing Center</b> 904 5 <sup>th</sup> Ave NE Jamestown, ND	701-252-4100	
<b>HOSPITAL</b>		
<b>Jamestown Regional Medical Center</b> 2422 20 <sup>th</sup> St SW Jamestown, ND <a href="https://jrmcnd.com">https://jrmcnd.com</a>	701-952-1050	
<b>North Dakota State Hospital</b> 2605 Circle Dr Jamestown, ND	701-253-3650	

## OPTOMETRISTS

<b>Lifetime Vision Source</b> 300 2 <sup>nd</sup> Ave NE Ste 102 Jamestown, ND <a href="http://www.mylifetimevisionsource.com/">www.mylifetimevisionsource.com/</a>	701-252-2020	
<b>Professional Eyecare Center</b> 210 10 <sup>th</sup> St SE Jamestown, ND <a href="https://www.proeyecarecenters.com/">https://www.proeyecarecenters.com/</a>	701-252-5000	
Loosen I Care 821 1 <sup>st</sup> Ave S Jamestown, ND <a href="https://www.looysenicare.com/">https://www.looysenicare.com/</a>	701-252-3937	
Walmart Vision and Glasses 921 25 <sup>th</sup> St SW Jamestown, ND	501-252-1860	

## PHARMACIES / DRUG TAKE BACK LOCATION / SHARPS DISPOSAL

<b>The Medicine Shoppe</b> 703 1 <sup>st</sup> Ave S Jamestown, ND	701-252-3002	M – F 9am – 6pm Sat 9am – 12pm <i>Drug take back locations</i>
<b>White Drug Pharmacy</b> Hugo's 310 1 <sup>st</sup> Ave S Jamestown, ND	701-251-1432	M – F 9am – 8pm Sat 9am – 5pm Sun 11am – 3pm <i>Drug take back location</i>
<b>White Drug Pharmacy</b> 320 10 <sup>th</sup> St SE Jamestown, ND	701-252-5980	M – F 9am – 6pm <i>Drug take back location</i>
<b>Law Enforcement Center</b> 205 6th St SE Jamestown, ND		<i>Drug take back location. Open 24/7. Orange receptacle located in the entry way.</i>
<b>Jamestown Regional Medical Center</b> 2422 20 <sup>th</sup> St SW Jamestown, ND		Sharps disposal receptacle located outdoors.



## THERAPY

Apex Physical Therapy and  
Wellness Center  
1008 10th St SE  
Jamestown, ND  
<https://apexptwellness.com/>

701-952-2739

Provides physical therapy  
services.

**T&K Speech / Early Intervention**  
300 2<sup>nd</sup> Ave NE  
Jamestown, ND

701-252-6066

Speech therapy and early  
intervention services.

Anne Carlsen Center  
701 3rd St NW  
Jamestown, ND  
<https://annecarlsen.org/>

800-568-5175

Providing individuals with  
development disabilities and  
delays with services.

## VETERINARY SERVICES

**Country Acres Veterinary Clinic**  
8269 37<sup>th</sup> St SE  
Jamestown, ND

701-252-7133

M – F 8am – 5pm

**Dr. Dawn's Pet Shop**  
1202 12<sup>th</sup> Ave SE  
Jamestown, ND

701-952-7387

M – F 8am – 5pm

**Prairie Veterinary Hospital**  
1305 Business Loop E  
Jamestown, ND

701-252-9470

M – F 8am – 5:30pm  
Sat 9am – 12pm

**Southwood Veterinary Clinic**  
833 18<sup>th</sup> St SW  
Jamestown, ND

701-252-3430

M – F 8am – 5pm  
Sat 8am – 12pm

**Twin Rivers Veterinary Services**  
3351 87<sup>th</sup> Ave SE  
Jamestown, ND

701-251-1933

## HEALTH EDUCATION

<b>Central Valley Health District</b> 122 2 <sup>nd</sup> Street NW Jamestown, ND 58401 <a href="http://www.centralvalleyhealth.org">www.centralvalleyhealth.org</a>	701-252-8130	Chronic disease education and management, substance use prevention education, tobacco cessation and education, family planning, emergency preparedness, environmental health, physical activity and nutrition education.
<b>Jamestown Regional Medical Center</b> 2422 20th St SW Jamestown, ND 58401 <a href="https://jrmcnd.com/">https://jrmcnd.com/</a>	701-952-1050	Family birthplace courses include: prenatal, breastfeeding and happiest baby on the block.
<b>Jamestown Ambulance Ringdahl Emergency Medical Services</b> 502 1st Ave S Jamestown, ND 58402	1-855-833-5720 or 218-736-2819	First Aid, CPR, AED courses. More information: <a href="https://www.ringdahlems.com/eta.php">https://www.ringdahlems.com/eta.php</a>
<b>NDSU Extension – Stutsman County</b> 502 10th Avenue SE Jamestown, ND 58401-4253	701-252-9030	Gives local residents easy access to the resources through educational programs.

## SOCIAL SERVICES / PUBLIC HEALTH / HELPING HANDS

Name & Location	Contact Info.	Service Description
<b>South Central Human Service Center</b> 520 3rd Ave. NW, P.O. Box 2055 Jamestown, ND 58402	701-253-6300 1-800-260-1310  Fax: 701-253-6400	The Center offers service to assist individuals and families who have emotional and interpersonal problems, disabling conditions affecting their ability to be competitively employed, and/or are vulnerable and unable to protect themselves. Services include emergency, psychiatric, acute outpatient, extended care, alcohol and drug, developmental disability, vocational rehabilitation, and aging services.

<b>Buffalo Bridges Social Services</b> 116 1 <sup>st</sup> St E Jamestown, ND	701-952-6850	Child protection, family foster care, parent aide, family focused services, daycare licensing and registration, children's special health, aged/disabled home- and community-based services, respite care, information and referral, economic and general assistance, permanency funds, food stamps, fuel assistance, Medicaid.
<b>PUBLIC HEALTH</b>		
<b>Central Valley Health District</b> 122 2nd St NW Jamestown, ND	701-252-8130	Public health department.
<b>HELPING HANDS</b>		
<b>Community Action</b> PO BOX 507 Jamestown, ND 58401	701-252-1821	
<b>Free Through Recovery</b> 2605 Circle Drive Jamestown, ND 58401	701-253-3875	Recovery support services for individuals involved with the criminal justice system.
<b>Lutheran Social Services</b> 419 5 <sup>th</sup> St NE Jamestown, ND	701-251-0005	
<b>RSVP/ Jamestown Volunteer Center</b> 601 1st Ave S Jamestown, ND 58401	701-952-9684	Open 10-5 Mon-Fri
<b>THRIFT STORES</b>		
<b>Goodwill</b> 2629 8th Ave SW Jamestown, ND 58401	701-253-7301	
<b>Junk In The Trunk</b> 107 1st Ave S Jamestown, ND 58401	701-320-3993	

<b>Nita Attic</b> 215 1st Ave N Jamestown, ND 58401	701-952-2795	
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<b>SPIRITUAL CARE SERVICES</b>		
<b>Name &amp; Location</b>	<b>Contact Info.</b>	<b>Service Description</b>
<b>YOUTH-FOCUSED</b>		
<b>Youth For Christ</b> <b>Teen City</b> Corner of 4 <sup>th</sup> Ave and 2 <sup>nd</sup> St SE Jamestown, ND	701-252-5501	Teen City and Teen City 2.0 youth drop-in centers. Open: M, Tu, Th, F 3pm – 5pm
<b>Teen City 2.0</b> Temple Baptist Church Jamestown, ND		Campus Life Club 7pm – 9pm
<b>CHURCHES</b>		
<b>Atonement Lutheran Church</b>	701-252-4208	Evangelical Lutheran in America
<b>Basilica of St James</b>	701-252-0119	Roman Catholic
<b>Calvary Baptist Church</b>	701-252-9791	Baptist
<b>Concordia Lutheran Church</b>	701-252-2819	Lutheran
<b>Cornerstone Baptist Church</b>	701-269-6955	Independent
<b>Faith Regular Baptist Church</b>	701-251-1478	Baptist
<b>First Nazarene Church</b>	701-252-1367	Nazarene
<b>First United Methodist Church</b>	701-252-3718	United Methodist
<b>Grace Episcopal Church</b>	701-252-4499	Episcopal
<b>Immanuel Lutheran Church</b>	701-252-1211	Evangelical Lutheran
<b>James Valley Lutheran Church</b>	701-658-9145	Evangelical Lutheran

<b>Jamestown Adventist Church</b>	701-252-1421	Seventh Day Adventist
<b>Jamestown Methodist Church</b>	701-952-3848	Methodist
<b>Mccoys Bryce Mccoys Ministries</b>	701-252-0467	Non-Denominational
<b>Our Savior's Lutheran Church</b>	701-952-2289	Lutheran
<b>Saint Paul's United Methodist</b>	701-252-3088	United Methodist
<b>Salvation Army</b>	701-252-0290	Salvation Army
<b>St John Lutheran Church</b>	701-252-1198	Evangelical Lutheran in America
<b>Temple Baptist Church</b>	701-252-0822	Baptist
<b>Trinity Lutheran Church</b>	701) 252-2841	Evangelical Lutheran in America
<b>United Church Of Christ</b>	701-252-0277	
<b>United Pentecostal Church</b>	701-252-5951	United Pentecostal
<b>United Presbyterian Church</b>	701-252-1748	Presbyterian
<b>Victory Lutheran Brethren Church</b>	701-251-1570	Lutheran

<b>SUPPORT GROUPS</b>		
<b>Name &amp; Location</b>	<b>Contact Info.</b>	<b>Service Description</b>
<b>Alcoholic Anonymous AA Clubhouse</b> 518 10 <sup>th</sup> Ave SE Jamestown, ND	701-252-9493	
<b>Beginning Experience (BE)</b> Bev Hansen Dick VanFleet Trinity Lutheran Church	701-252-4150 701-252-8437	
<b>FirstLink Hotline</b>	701.235.7335 or dial 211	

<b>Grief Support Group</b> PO Box 1043 Jamestown, ND		Check website for events.
<b>Jamestown Cancer Support Group</b> PO Box 1756 Jamestown, ND	701-269-9543	Cancer support network to help cancer patients on their journey to hope and healing.

<b>TRANSPORTATION SERVICES</b>		
<b>Name &amp; Location</b>	<b>Contact Info.</b>	<b>Service Description</b>
<b>James River Transit</b> 419 5 <sup>th</sup> St NE Jamestown, ND <a href="http://www.jamesrivertransit.com">www.jamesrivertransit.com</a>	Dispatch: 701-252-7888  Office: 701-252-2882	Open to the public door to door service. Operates 7 days a week, excluding holidays. Ride fares cost \$2.50 one way in town.  Transit makes stops daily at the hospital between 8:30am-3:30pm on the 30 minute mark and stops at Walmart between 8:40am-3:40pm every hour on the 40 minute mark.
<b>Jamestown Taxi Service</b> 1505 9 <sup>th</sup> Ave NE Apt 3 Jamestown, ND	701-252-4200	Operates 24/7. Price based on distance of the ride. Accepts cash only.
<b>Jefferson Lines</b> <a href="http://www.jeffersonlines.com/bus-stops/north-dakota/">www.jeffersonlines.com/bus-stops/north-dakota/</a>	Headquarters phone: 800-451-5333	
<b>XLT Taxi</b> 461 1 <sup>st</sup> St W Jamestown, ND	701-269-7145	Provides rides in town and out of town. Operates 24/7. Accepts cash payments.

## VETERANS SERVICES

Name & Location	Contact Info.	Service Description
<b>Department of Veterans Affairs</b> 4201 38 <sup>th</sup> St S, Suite 104 Fargo, ND 58104	701-239-7165	Veterans assistance.
<b>Jamestown VA Clinic</b> <i>Located at JPMC</i> 2430 20 <sup>th</sup> St SW Jamestown, ND	701-952-4787	Primary care and behavioral health services.
<b>Stutsman County Veteran's Services</b> Law Enforcement Center 205 6th Street SE, Suite 1 Jamestown, ND	701-252-9043	Open 8am – 5pm Mon-Fri.
<b>Veterans Crisis Line</b>	Call 1-800-8255 Press 1 to talk to someone  Or  Text 838255 to connect with a VA responder	Connects service members and Veterans in crisis, as well as their family members and friends, with qualified, caring VA responders through a confidential toll-free hotline, online chat, or text-messaging service.







