

Fargo/Moorhead Food Pantries and Meal Sites

Monday

Micah's Mission - Meals

218.656.7495, 1901 1st Ave N. Moorhead

Served: 7:30-8:30 AM, 12:00-1:00 PM, 5:30-7:00 PM

New Life Center - Meals

701.235.4453, 1902 3rd Ave N. Fargo

Served: 12:00 - 12:30 PM, 5:00 - 5:30 PM

Salvation Army - Meals

701.232.5565, 304 Roberts St. Fargo

Served: 7:45-9:00 AM, 11:15 AM -12:30 PM

Dorothy Day Food Pantry - Available Monthly

218.656.7628, 1308 Main Ave. Moorhead

6:00 - 8:00 PM

Dorothy Day West Fargo - Available Weekly

218.656.7495, 45 21st Ave E. West Fargo

2:00 - 4:00 PM

Emergency Food Pantry - Available every 2 months

701.237.9337, 1101 4th Ave N. Fargo

10:00 - 11:30 AM, 1:30 - 3:30 PM

MYRT Armstrong Recovery Center - Available Monthly

701.478.5200, 1419 1st Ave S. Fargo

2:00 - 4:00 PM

Tri-City Haitian Ministries Food Pantry - Available Weekly

701.235.0115, 1419 17th St. S. Fargo

4:00-6:00 PM

YWCA - Available Monthly

701.232.3449, 3000 S University Dr. Fargo

Appointment only. Call 24 hours in advance.

Olivet Lutheran - Available third Monday of month

701.235.6603, 1330 South University Dr. Fargo

4:30-6:30 PM

Tuesday

Micah's Mission - Meals

218.656.7495, 1901 1st Ave N. Moorhead

Served: 7:30-8:30 AM, 12:00-1:00 PM, 5:30-7:00 PM

New Life Center - Meals

701.235.4453, 1902 3rd Ave N. Fargo

Served: 12:00 - 12:30 PM, 5:00 - 5:30 PM

Salvation Army - Meals

701.232.5565, 304 Roberts St. Fargo

Served: 7:45-9:00 AM, 11:15 AM -12:30 PM

A Place for Hope - Available As Needed

218.284.6069, 2419 12th Ave S. Moorhead

11:00 AM - 2:00 PM

Dorothy Day Food Pantry - Available Monthly

218.656.7628, 1308 Main Ave. Moorhead

1:00 - 3:00 PM

Emergency Food Pantry - Available every 2 months

701.237.9337, 1101 4th Ave N. Fargo

10:00 - 11:30 AM, 1:30 - 3:30 PM

Peace Lutheran Church - Available Monthly

701.232.7166, 1011 12th Ave N. Fargo

10:00 AM - 12:00 PM

MYRT Armstrong Recovery Center - Available Monthly

701.478.5200, 1419 1st Ave S. Fargo

2:00 - 4:00 PM

The Arbors at McCormick Park - Available As Needed

701.293.6014, 622 23rd St. S. Fargo

3:30 - 5:00 PM

YWCA - Available Monthly

701.232.3449, 3000 S University Dr. Fargo

Appointment only. Call 24 hours in advance.

West Fargo Eats - Appointment needed. Call on Tuesday and leave detailed voicemail. 701-532-0394. Thursday and Fridays will be pick up days

Wednesday

Micah's Mission - Meals

218.656.7495, 1901 1st Ave N. Moorhead

Served: 7:30-8:30 AM, 12:00-1:00 PM, 5:30-7:00 PM

New Life Center - Meals

701.235.4453, 1902 3rd Ave N. Fargo

Served: 12:00 - 12:30 PM, 5:00 - 5:30 PM

Salvation Army - Meals

701.232.5565, 304 Roberts St. Fargo

Served: 7:45-9:00 AM, 11:15 AM -12:30 PM

A Place for Hope - Available As Needed

218.284.6069, 2419 12th Ave S. Moorhead

11:00 AM - 2:00 PM

BridgePointe Area Food Pantry - Available Monthly

701.540.1383, 121 17th St N. Moorhead

2nd & 4th Wed. 10:45 AM - 12:30 PM

Dorothy Day Food Pantry - Available Monthly

218.656.7628, 1308 Main Ave. Moorhead

6:00 - 8:00 PM

Dorothy Day West Fargo - Available Weekly

218.233.5763, 45 21st Ave. E. West Fargo

2:00 - 4:00 PM

Emergency Food Pantry - Available every 2 months

701.237.9337, 1101 4th Ave N. Fargo

10:00 - 11:30 AM

MYRT Armstrong Recovery Center - Available Monthly

701.478.5200, 1419 1st Ave S. Fargo

2:00 - 4:00 PM

YWCA - Available Monthly

701.232.3449, 3000 S University Dr. Fargo

Appointment only. Call 24 hours in advance.

Thursday

Micah's Mission - Meals

218.656.7495, 1901 1st Ave N. Moorhead
Served: 7:30-8:30 AM, 12:00-1:00 PM, 5:30-7:00 PM

New Life Center - Meals

701.235.4453, 1902 3rd Ave N. Fargo
Served: 12:00 - 12:30 PM, 5:00 - 5:30 PM

Salvation Army - Meals

701.232.5565, 304 Roberts St. Fargo
Served: 7:45-9:00 AM, 11:15 AM -12:30 PM

A Place for Hope - Available As Needed

218.284.6069, 2419 12th Ave S. Moorhead
11:00 AM - 2:00 PM

Dorothy Day Food Pantry - Available Monthly

218.656.7628, 1308 Main Ave. Moorhead
1:00 - 3:00 PM

Emergency Food Pantry - Available every 2 months

701.237.9337, 1101 4th Ave N. Fargo
10:00 - 11:30 AM, 1:30 - 3:30 PM

Peace Lutheran - Available Monthly

701-232-7166, 1011 12th Ave N. Fargo
3:00-5:00 PM

K.I.D.S. Pantry - Available weekly

701.799.3202, 725 28th St. N. Fargo
5:30 - 6:30 PM (follows school schedule, not open on 10/21, 11/11, 11/25, 12/23, 12/30/2021 & 3/17/2022)

MYRT Armstrong Recovery Center - Available Monthly

701.478.5200, 1419 1st Ave S. Fargo
2:00 - 4:00 PM

YWCA - Available Monthly

701.232.3449, 3000 S University Dr., Fargo
Appointment only. Call 24 hours in advance.

West Fargo Eats -

701-532-0394, 1402 16th St E, West Fargo
Appointment needed. Call on Tuesday and leave detailed voicemail.

Friday

Micah's Mission - Meals

218.656.7495, 1901 1st Ave N. Moorhead
Served: 7:30-8:30 AM, 12:00-1:00 PM, 5:30-7:00 PM

New Life Center - Meals

701.235.4453, 1902 3rd Ave N. Fargo
Served: 12:00 - 12:30 PM, 5:00 - 5:30 PM

Salvation Army - Meals

701.232.5565, 304 Roberts St. Fargo
Served: 7:45-9:00 AM, 11:15 AM -12:30 PM

A Place for Hope - Available As Needed

218.284.6069, 2419 12th Ave S. Moorhead
11:00 AM - 2:00 PM

Dorothy Day Food Pantry - Available Monthly

218.656.7628, 1308 Main Ave. Moorhead
9:00 - 11:00 AM

Emergency Food Pantry - Available every 2 months

701.237.9337, 1101 4th Ave N. Fargo
1:30 - 3:30 PM

Faith Food Pantry - Available Monthly

701.232.6844, 909 19th Ave N. Fargo
2nd & 4th Fridays 2:00-3:00 PM

MYRT Armstrong Recovery Center - Available Monthly

701.478.5200, 1419 1st Ave S. Fargo
2:00 - 4:00 PM

YWCA - Available Monthly

701.232.3449, 3000 S University Dr. Fargo
Appointment only. Call 24 hours in advance.

West Fargo Eats -

701-532-0394, 1402 16th St E, West Fargo
Appointment needed. Call on Tuesday and leave detailed voicemail.

Saturday

House of Juddah Ministry - Available every other Saturday
917.213.2244, 307 Main Avenue Suite 8
Every other Saturday 3-5 p.m.

Micah's Mission - Meals

218.656.7495, 1901 1st Ave N. Moorhead
Served: 10:00 - 11:00 AM, 5:30 - 7:00 PM

New Life Center - Meals 701.235.4453, 1902

3rd Ave N. Fargo
Served: 12:00 - 12:30 PM, 5:00 - 5:30 PM

McMerty Food Pantry - Available weekly 701.235.4289,

630 7th Ave N., Fargo
1:00 - 4:00 PM

Sunday

Micah's Mission - Meals

218.236.0372, 1901 1st Ave N., Moorhead
Served: 10:00 - 11:00 AM, 5:30 - 7:00 PM

New Life Center - Meals 701.235.4453, 1902

3rd Ave N., Fargo
Served: 12:00 - 12:30 PM, 5:00 - 5:30 PM

Salvation Army - Meals 701.232.5565, 304

Roberts St., Fargo
Served: 5:00 - 6:00 PM

SNAP (Food Stamps) Hotline

1-855-405-0000

Call for SNAP Application Assistance

Updated: 6/10/22

