2018 Hunger in Burleigh & Morton Counties

A total of 105 client interviews were conducted at 6 sites throughout Burleigh and Morton Counties.

**Demographics**

- **32%** Children
- **5%** Seniors
- **10%** Veterans
- **81%** Permanent Housing
- **16%** Temporary Housing
- **3%** Homeless
- **77%** Completed High School
- **40%** Have 2+ Years of Post Secondary Education
- **8%** Completed College

**Race/Ethnicity**

- **52%** White
- **42%** American Indian
- **8%** African American
- **5%** Hispanic/Latino
- **0%** Asian
- **0%** Other

**Health**

- **71%** Of Participants Have a Chronic Disease
- **12%** Are in Poor or Very Bad Health
- **52%** Have Unpaid Medical Bills
- **33%** Of Participants Have Depression/Mental Health Issue
- **27%** Of Participants Have High Blood Pressure
- **22%** Of Participants Have Diabetes
- **17%** Of Participants Have Asthma
- **12%** Of Participants Are Obese
- **10%** Of Participants Have Heart Disease
TOUGH CHOICES

HOUSEHOLDS REPORT CHOOSING BETWEEN FOOD AND:

- 49% GAS FOR CAR
- 47% UTILITIES
- 46% HOUSING
- 43% TRANSPORTATION
- 38% MEDICINE/MEDICAL CARE

WHAT WOULD HELP?

CLIENTS SHARED WHAT ELSE WOULD HELP THEM GET THE FOOD THEY NEED FOR THEMSELVES/FAMILY:

- #1 AGENCIES OPEN EVENINGS/ WEEKENDS
- #2 GETTING FOOD MORE OFTEN
- #3 GETTING MORE FOOD

FOOD ASSISTANCE

- 85% ADULTS ARE FOOD INSECURE
- 22% CHILDREN ARE FOOD INSECURE
- 35% OF ADULTS REPORT NOT EATING FOR A WHOLE DAY
- 77% CAN’T AFFORD TO EAT BALANCED MEALS

- 69% OF ADULTS SKIP MEALS REGULARLY
- 12% OF CHILDREN SKIP MEALS REGULARLY
- 25% HAVE SPECIAL DIETARY NEEDS

- 35% CURRENTLY ON SNAP (Supplemental Nutrition Assistance Program)

CLIENTS REPORT USING A FOOD PANTRY 7.5 TIMES PER YEAR (on average)

ROOT CAUSES

- 45% AFFORDABLE HOUSING
- 44% LACK OF TRANSPORTATION
- 33% POVERTY
- 28% CHRONIC DISEASE/HEALTH CONDITIONS
- 27% AVAILABLE HOUSING
- 24% QUALITY HOUSING

Ending Hunger 2.0 is Great Plains Food Bank’s bold next step in hunger relief, working on root causes to hunger through research, advocacy and community based solutions.

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