

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						<p>1 Turn orange on social media! Change your profile picture and cover photo to reflect hunger in our state.</p>
<p>2 Share this calendar with others so that everyone is able to get involved in ending hunger in ND.</p>	<p>3 Labor Day Getting together for the holiday? Ask guests to bring extra food items and donate them to your local food pantry.</p>	<p>4 Did you know that the GPFB is able to direct 96% of every charitable dollar received towards programs and services? Go online to donate now!</p>	<p>5 If you are heading to the grocery store today or this week, purchase extra items to donate as you exit the store or to your local food pantry.</p>	<p>6 Schedule a time to volunteer either at the Great Plains Food Bank or your nearest hunger-relief organization.</p>	<p>7 Make a post on social media using #HungerActionMonth and share a statistic or story surrounding hunger.</p>	<p>8 Raise awareness by researching three stats on hunger relief in North Dakota and nationwide and share those stats with a friend.</p>
<p>9 Watch the documentary, "A Place at the Table." Catch a special screening with a panel discussion to follow at 2 p.m. at the Fargo Theatre.</p>	<p>10 Join the GPFB's mailing list and get Portions, our E-newsletter! Sign up on our homepage: greatplainsfoodbank.org</p>	<p>11 Display an orange ribbon or light outside of your home. When your neighbors ask, tell them how we can all end hunger.</p>	<p>12 Post a picture of you holding a paper plate with a sentence about how you will fight hunger. Tag your friends and ask them to do the same.</p>	<p>13 "Like" Feeding America and the Great Plains Food Bank on Facebook! WEAR ORANGE FOR HUNGER ACTION DAY!</p>	<p>14 Ask your co-workers to bring their own lunches next week and donate the money saved to an anti-hunger charity of their choice.</p>	<p>15 Host a potluck dinner; have your guests bring dishes that are meaningful to them and share "food stories."</p>
<p>16 27 percent of food produced never makes it to the dinner table. Set a goal to go one week without wasting food.</p>	<p>17 Ask your employer if they would be willing to match your donation of time or money this week.</p>	<p>18 Visit greatplainsfoodbank.org and sign up to be a Hunger Advocate and make your voice heard.</p>	<p>19 Do the SNAP Challenge—can you feed yourself on \$4 today?</p>	<p>20 Inquire with local restaurants to see if they will give a portion of their profits to fight hunger or put a donation line on their checks.</p>	<p>21 Send a letter to an elected representative urging them to support ending hunger—invite them to the GPFB too.</p>	<p>22 Read a book about hunger to your children, such as Uncle Willie and the Soup Kitchen.</p>
<p>23 Organize a week-long employee food drive.</p> <p>30 Donate your food drive items to the GPFB.</p>	<p>24 If there's a Meals on Wheels or other food delivery program in your area that needs volunteer drivers, volunteer.</p>	<p>25 Donate 30 non-perishable food items to the Great Plains Food Bank or your local food pantry.</p>	<p>26 Forty-eight MILLION Americans don't get enough to eat - commit to raise awareness and lower this number.</p>	<p>27 Visit Feeding America on YouTube and watch stories of how hunger impacts people throughout the U.S.</p>	<p>28 Sign up for AmazonSmile and designate the Great Plains Food Bank as your charity of choice.</p>	<p>29 What have you learned this month? Write an Op Ed sharing what you have learned and experienced over Hunger Action Month.</p>