The Great Plains Food Bank serves a cross-section of individuals and families across North Dakota. Household characteristics include:

- 36% CHILDREN
- 37% RURAL
- 33% URBAN
- 13% HOUSEHOLDS INCLUDE VETERANS
- 8% GRANDPARENTS
- 83% PERMANENT HOUSING
- 15% TEMPORARY HOUSING
- 2% HOMELESS
- 81% COMPLETED HIGH SCHOOL
- 50% EDUCATION
- 79% HOUSEHOLD MEMBERS EMPLOYED IN LAST YEAR
- 48% CURRENTLY EMPLOYED
- $17,690 AVERAGE ANNUAL INCOME
- $1,474 AVERAGE MONTHLY INCOME
- $12.54 PER HOUR

88% OF FOOD PANTRIES REPORT THAT NO LONGER RECEIVING FOOD FROM GPFB WOULD HAVE A MAJOR EFFECT ON THEIR OPERATIONS

78% OF FOOD PANTRIES NEED MORE FOOD TO MEET THE NEED

AMONG FOOD PANTRIES

- 29% HAVE PAID STAFF
- 71% RUN BY VOLUNTEERS

93% AGREE IT’S IMPORTANT TO OFFER HEALTHIER FOOD

1/2 OFFER CLIENTS NUTRITION EDUCATION

10,643 AVERAGE HOUSEHOLDs SERVED PER MONTH AT FOOD PANTRIES

77% OF ADULTS ARE FOOD INSECURE

53% OF ADULTS SKIP MEALS REGULARLY

27% REPORT NOT EATING FOR A WHOLE DAY

39% CURRENTLY ON SNAP (Supplemental Nutrition Assistance Program)

11 TIMES PER YEAR

69% CAN’T AFFORD TO EAT BALANCED MEALS

29% HAVE SPECIAL DIETARY NEEDS

TOUGH CHOICES

Clients report making tough decisions every month between food and other basic household expenses:

- 49% FOOD AND GAS FOR CAR
- 44% FOOD AND UTILITIES
- 35% FOOD AND HOUSING
- 34% FOOD AND TRANSPORTATION

8% OF CHILDREN ARE VERY BAD HEALTH

27% OF PARTICIPANTS HAVE A CHRONIC DISEASE

31% OF HOUSEHOLDS HAVE UNPAID MEDICAL/HOSPITAL BILLS

11% REPORT THEY ARE IN EXCELLENT HEALTH

38% REPORT THEY ARE IN GOOD HEALTH

10% REPORT THEY ARE IN POOR HEALTH

12% REPORT THEY ARE IN VERY BAD HEALTH

44% OF PARTICIPANTS HAVE HIGH BLOOD PRESSURE

32% OF PARTICIPANTS HAVE DEPRESSION/MENTAL HEALTH ISSUE

18% OF PARTICIPANTS HAVE ASTHMA

9% OF PARTICIPANTS HAVE HEART DISEASE

9% OF PARTICIPANTS SUFFER WITH ADDICTION

34% OF PARTICIPANTS HAVE MEDICINE/MEDICAL CARE

52% OF HOUSEHOLDS ARE UNINSURED

11% REPORT THEY ARE IN FAIR HEALTH

39% REPORT THEY ARE IN FAIR GOOD HEALTH

10% REPORT THEY ARE IN POOR HEALTH

2% REPORT THEY ARE IN VERY BAD HEALTH

“Tough choices clients make to buy food and pay utilities. Food pantries serve a cross-section of individuals and families.”

- President and CEO, Great Plains Food Bank

84% OF THOSE WITH CHRONIC DISEASES HAVE MORE THAN ONE

29% GET HELP FROM FAMILY/FRIENDS

13% SELL OR PAWN PERSONAL PROPERTY

4% PURCHASE CHEAP/UNHEALTHY FOOD

31% VOLUNTEER HOURS

175 AGENCY SURVEYS

54 SITES

516 CLIENT SURVEYS

52 VOLUNTEERS

A special thanks to United Way Wayzata Areawide United Way and Feeding America.

To learn more about hunger and what you can do to help, visit www.greatplainsfoodbank.org.

Ending Hunger 2.0 is the next bold step in hunger relief, working on root causes to hunger through research, advocacy and community based solutions.

TOGETHER, WE CAN, AND WILL, END HUNGER.